

A few ideas and websites to help get you thinking about Living More Sustainably

Recycling

For detailed information on what can be recycled and where:

<https://www.harrogate.gov.uk/bins-recycling-waste>

Textiles? Plastic? Mobile Phones??

<https://www.recyclenow.com/>

Living Lightly

A Rocha's website, caring for God's earth, includes a brilliant checklist of the sorts of things we need to be thinking about if we want to live more sustainably. Topics covered range from travel and money through to Christmas!

<https://arocha.org.uk/our-activities/living-lightly-take-action/>

"It's only ONE plastic water bottle, said 8 billion people"

Reducing use of fossil fuels

The IPCC Climate change report identified to avoid a continued rise in global temperature we must cut use of fossil fuels.

Coal, oil, petroleum and gas- Lubricants, plastics, construction material, detergent, paint.

5 ways to reduce your use of fossil fuels

1. Avoid purchasing plastics- buy loose, use refill
2. Cut power use at home
3. Choose a renewable energy provider eg Bulb, Octopus, Ecotricity
4. Limit how much you drive
5. Buy local and seasonal to reduce the transport distance

Carbon Footprint

Zero Carbon Harrogate is working hard to inform and support our district to reduce carbon emissions.

Carbon emissions are created because of the way we live our lives. From the energy we consume and the food we eat, to the way we travel and the products we buy.

<https://www.zerocarbonharrogate.org.uk/action>

“The most environmentally friendly product is the one you didn’t buy”

Buy Once

Research, save up, buy once. Repair it, polish it, mend it.

The textile industry emits significant greenhouse gas emissions.

Slow fashion. Sustainable clothing. Ethical clothing.

- the effects of the production of clothing on the environment, encompassing everything from how the cotton was grown to whether and how animals are used, and how the garment workers are treated.

Living The Change provides support for **personal change** to commit to work to protect God’s world.

<https://www.livingthechange.net/>

“We don’t need a handful of people doing zero waste perfectly, we need millions of people doing it imperfectly” – Anne Marie Bonneau